

Save us from the weakness of our will,
and keep us from doing injustice.
For all Being is yours; all power is yours; all glory is yours;
In this moment in eternity. Amen. [steveholmesgaranas]

Music of Centering *There Shall Be Dancing* BEHNKE
Chancel Bell Choir

Sacred Conversation: Kai Sutton, President of the NAACP, JWJ
with Rev. Jenn Simmons *Rest is Resistance: Listening to Our Bodies*

Music of Calling *Take My Gifts* 381

Offering of Ourselves, Our Tithes and Our Gifts Liz Wertz
Missouri Proposition A ballot for Healthy Families



You are invited to share offering via Paypal (using the QR code on the left) or in the plate as it is passed. We invite you to share your offerings of time, passion, energy, and resources. Thank you for investing in Spirituality, Justice, and Community as it comes to life at NACC.

Musical Gift *For Your Beauty* SORENSON
Chancel Choir

*Doxology

Praise God, from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

Prayer of Gratitude Neil Guion

Sharing the Lord's Supper
Revs. Jenn Simmons, Jody Furnas-Wright with Elders & Deacons
Please be seated.

The doors of the Nap Temple are open.
Won't you come?
This is an invitation for weary souls to rest.

This is a resistance.

This is a protest.

This is a counternarrative to the lie that we all aren't doing enough.

We are enough.

This is a counternarrative to the lie that our worth is tied to the grind of capitalism and the lie of white supremacy.

You are enough simply by being alive.

Thank you for living.

Thank you for resisting.

Thank you for creating.

Thank you for dreaming.

Thank you for resting.

We believe that our healing can visit us while we are napping.

While we are resting.
While we are sleeping.
While we are slowing down.
We believe that naps provide a dream and visioning space.

To invent.

To create.

To heal.

To imagine.

This is what resistance looks like.

Won't you come?

This is a resistance.

This is a protest.

[triciahersey]

This is how we make a way of peace.

Prayer at the Table

Etta Madden

Sharing of the Bread and Cup

This morning we will receive communion by intinction. You are invited to come forward and to take a piece of bread, dip it in the cup, eat, and leave your toothpick in the bowl. The bread is gluten, nut, and dairy free so all may share at the table. If you would prefer a pre-packaged communion, remain seated and we will bring one to you. All are welcome to share at the table set by Jesus. As we share in communion, please join in singing:

Sending Song *Come and Find the Quiet Center* 575

Words for the Journey

Rev. Jenn Simmons

The work of the community is not easy.

It requires vulnerability and energy.

Sometimes relational dynamics are difficult and we make mistakes.

At the same time, the work of community is full of grace.

It buoys us, we co-create belonging,

we are moved by love for the world.

It teaches us to learn to listen to our bodies.

We go forth to do the serious and soulful work of our community.

We go forth to love the world,

beginning with ourselves.

[adapt/enfleshed]

Postlude

National Avenue Christian Church

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Rev. Jenn Simmons, Lead Pastor | Ashley Quinn, Pastor of Public Theology & Justice

Rev. Jody Furnas-Wright, Adjunct Pastor for Faith Formation with Families

Rev. Dr. John White, Theologian in Residence

Jonathan Raney, Music Director | Jennifer Forni, Music Assistant

Alex Bates, Sound Technician | Tech Support

Sarah Cybulski, Finance Coordinator

Hayley Norton, Communication Coordinator | Nicholas & Olivia Villaroel, Sextons

Greta Allen & Aydia Lancaster, Nursery Caregivers

Kylie Robertson & Claudia Brown-Jackson, UNO Team

John Scroggins, Board Moderator | Neil Guion, Etta Madden, Elders

Barb & Greg Harrell, Matt Ensley, Emogene Casey, Desmond Simmons, Daniel

Guion, Deacons

National Avenue Christian Church (Disciples of Christ)



Bathed in Light by Jenn Simmons

*Rest is Resistance:
Listening to Our Bodies
9 February 2025*